

# One Center ~ Many Paths

## Code of Ethics for Participation

### 200-Hour Program

#### Participants Ethical Guidelines:

As a member this training and I agree to uphold the intentions of our Ethical Guidelines.

I will arrive on time and prepared for all scheduled sessions.

I will actively participate in the classroom in a conscientious manner that is appropriate and supportive to the subject.

If I am seeking a teaching certificate, I will complete all of my assignments both in class and outside of class truthfully, thoughtfully and on time.

I will equally celebrate my strengths and those abilities yet to be developed with kindness, friendliness and compassion.

I will always practice within the boundaries of my capabilities.

I will be mindful of our learning space keeping it clean, uncluttered, and free extra props, of food or open drink containers and bring only what is needed into the classroom. I will do my best to keep the learning space of my mind uncluttered, clean and free to explore and expand into the yoga that will support and inform my life. If I need to take a short break to clear my mind, I will do so without regret or hesitation, honoring my needs.

I respect the privacy of my peers and teachers. I will not engage in gossip or degradation of others in the group. I will address any concerns I have directly with the person I am concerned about and ask for teacher support when I am not feeling safe to address concerns on my own.

I will embrace diversity by honoring all students regardless of age, physical limitations, race, creed, gender, ethnicity, religion affiliation, or sexual orientation.

I will avoid suggestive words and actions that constitute sexual harassment.

I will nurture and take care of myself lovingly and healthfully through this training program. I will ask for help when I need it and I will generously offer it when it is truly needed. By taking good care of myself I will be an available, alert and a joyful participant in the group.

By signing here you are agreeing to the Ethical Guidelines.

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**Signature**

**Date**